

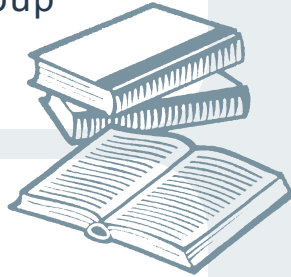
# WE'RE INVITING YOU TO JOIN A Book Club reading together

## What happened to you? *Conversations on trauma, resilience & healing* Dr Bruce Perry & Oprah Winfrey

### Who can attend?

Any mental health practitioner in Far West, Southern or Western NSW Regions can register.

Places are limited to 10 people able to commit to the group requirements.

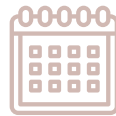


### What you will get:

- The book provided to you (hard copy, ebook or audiobook)
- A template for the weekly discussion questions
- An opportunity to meet and reflect with other clinicians practicing in rural and remote NSW.



### Details:



Weekly on Thursdays for six weeks, from 13th June, 2024



Midday -  
1pm



Online  
Microsoft Teams

### Your commitment:

- Attend all six sessions of the book club
- Come ready to discuss two chapters of the book which you will have pre-read prior to each session
- Be an active participant - video & mic on and willing to contribute to the conversation each week.

### Register your interest:

**BOOK HERE!** 

Be sure to select the training option  
**ONLINE BOOKCLUB: What happened to you? Conversations on trauma, resilience, and healing - June 2024**

### Questions?

Contact Michelle Bonner or Heather Gant at The Peregrine Centre.



[Michelle.Bonner@theperegrinecentre.com.au](mailto:Michelle.Bonner@theperegrinecentre.com.au)



[Heather.Gant@theperegrinecentre.com.au](mailto:Heather.Gant@theperegrinecentre.com.au)